



**“That which we PERSIST
in doing becomes easier
for us to do;...
...not that the NATURE of
the thing itself is changed
but that our POWER to do
is increased.”**

- **Ralph Waldo Emerson**

**Write the
following quote in
the section down
below using your
non-dominate
hand**

**Recite this
quote every day
for the next 30
days**

**He who Follows
the Law
Receives the
Reward!**

**“I too can Do
new things and
Change!”**